



Social 7s

EQUIPMENT AND PLAYING FIELD REQUIREMENTS

EQUIPMENT AND PLAYING FIELD – MUST HAVES

Items in bold indicate changes to this document from the previous version.

Item	Ideal	Alternatives
Ball	Social 7s Easton 12' synthetic cover soft core orange ball (3 per registered team will be provided)	No other, mandatory
Bat	Orange or black Easton bat	Softball bat in good condition
Gloves x 7	Orange or black Easton gloves One per player, can be swapped between teams	Any softball/baseball gloves
Bases/Pitching Plate	Social 7s orange throw down rubber bases and pitching plate	When played on a softball diamond, standard bases can be used
Home plate	Social 7s orange throw down home plate	- Any throw down home plate - Lines marked on the ground to indicate the home plate
Fielder's Base	A throw down rubber base that is positioned one metre away from first base.	- When played on a standard softball diamond, a normal double base can be used, positioned next to first base - Lines marked on the ground to indicate the fielder's base
Strike Zone Mat	Social 7s Strike Zone Mat	No other, mandatory
Foul lines/ markers	Two lines marked on the ground, running directly to the outside edge of 1 st base and 3 rd base so that the bases are inside the foul line. Both lines extend to the home run boundary.	Cones, witches hats or any other appropriate markers can be placed past the bases to indicate the foul lines.

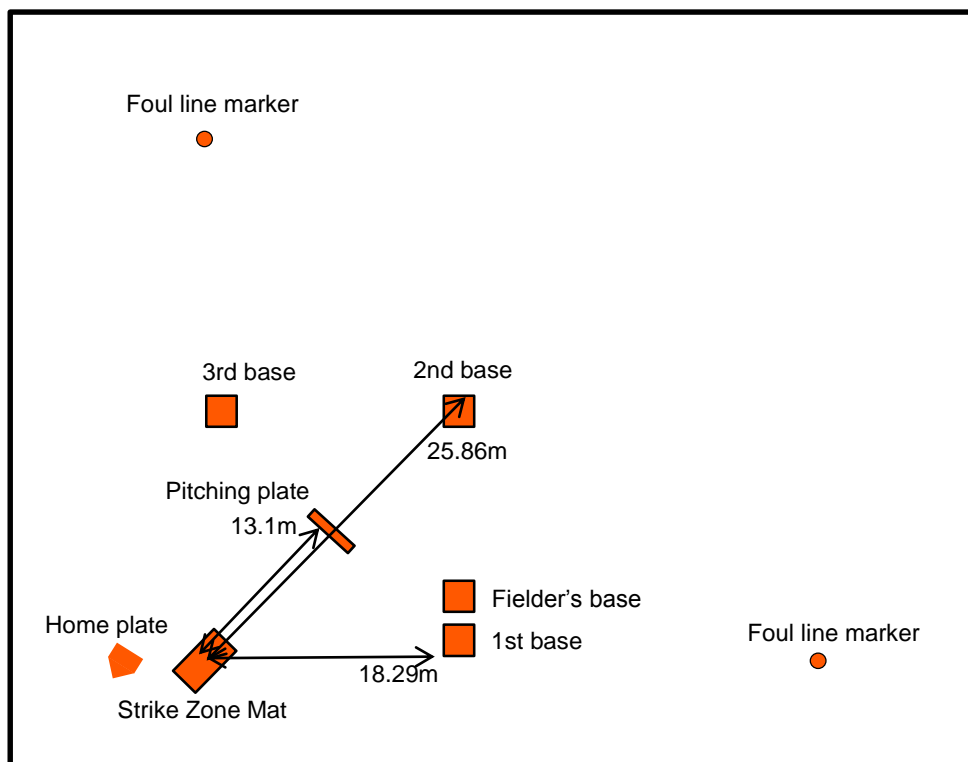


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PLAYING FIELD – MINIMUM REQUIREMENTS

The following diagram shows the field of play, with positioning of the bases, Strike Zone Mat, pitching plate and foul line markers.



The game is played on a field in the shape of a quarter circle.

- Strike Zone Mat – the Strike Zone Mat is used to determine balls and strikes.
- Bases – positioned 18.29 metres apart from one another, at a 90 degree angle.
 - The front edge of 1st base and 3rd base are positioned 18.29 metres from the middle of the Strike Zone Mat.
 - The middle of 2nd base is positioned 25.86 metres from the middle of the Strike Zone Mat.
- Home plate – positioned two metres from the Strike Zone Mat. Base runners run through the home plate rather than the Strike Zone Mat.
- Pitching plate – the front of the pitching plate is positioned 13.1 metres from the middle of the Strike Zone Mat.



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EQUIPMENT AND PLAYING FIELD – NICE TO HAVES

Item	Ideal	Alternatives
Home run boundary	A home run fence, 1.2 metres high, erected 76.20 metres (250 feet) from the middle of the Strike Zone Mat.	Cones or a line marked on the ground to mark the distance, or a distance that is deemed appropriate.
Safety zones	Lines marked around 2 nd and 3 rd base, in the shape of a circle, with a 1 metre radius from the middle of the base.	
Dead ball line	A fence 9 metres back from the foul line, to indicate the boundary.	Cones, witches hats, lines or any other appropriate markers to indicate the boundary.
Halfway line	A line marked halfway between each base (not needed between the Strike Zone Mat and 1 st base) to indicate the point at which a base runner cannot turn back.	
Batting line	A line marked one metre in front of the Strike Zone Mat to indicate where a batter cannot cross when they hit the ball.	



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The following diagram shows the layout of the playing field, including the positioning of the home run boundary, foul lines, safety zones, halfway lines, batting line and dead ball line.

